

We Are For Clean Basketball



FIBA

We Are Basketball



→ DEFINITION

What is doping?

DOPING is the use of substances and methods intended to improve the performance of a player.

It poses a risk to health.

It is contrary to sporting ethics.

Doping also concerns any person who incites or encourages this practice.

For the World Anti-Doping Agency (WADA), DOPING is defined as one or more violations of the anti-doping regulations:

■ The presence of a prohibited substance

or its metabolites or markers in a player's bodily specimen,

■ Use or attempted use of a prohibited substance or a prohibited method,

■ Refusing, or failing without compelling justification, to submit to an anti-doping control,

■ Failing to respect the obligation to give information on whereabouts,

■ Tampering, or attempting to tamper, with any part of the doping control,

■ Possession, administration or trafficking of any prohibited substance or prohibited method,

■ Assisting, encouraging, aiding, abetting, covering up or any other type of complicity.

THE CONTROLS

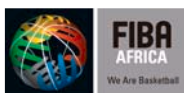
Announced or unannounced Doping Controls can be carried out:

● During competitions:

- The main official competitions of FIBA for national teams
e.g.: Olympic Games, World Championships, Continental Championships,
- Official FIBA cups, tournaments, and club competitions organised by national federations,
- International tournaments officially recognized by FIBA, for clubs and national teams.

● Out of competition:

- Doping controls may be carried out by WADA, national Anti-doping agencies, FIBA or national federations during training, camps, scrimmages, practices, etc. or at any time during the year.



“I am against doping” / J.-J. Conceição (ANGOLA)

Jean Jacques Concheico





CONSEQUENCES

Being seen as a cheat

Doping is a major disqualifying foul.



Unemployment

Doping means being stopped from playing.



Poor health

Doping can kill.



"I am against doping" / Yao Ming (CHINA)





→ TRAPS

Asthma and colds

Medications may contain prohibited substances. The use of certain medications to treat asthma is permitted but requires a Therapeutic Use Exemption (TUE).



“Recreation”

The majority of recreational drugs can lead to positive test results.



Nutritional supplements

The use of supplements can lead to positive test results. These products can contain prohibited substances (Nandrolone, Ephedra), which are not mentioned on the packaging.



“I am against doping” / Oscar Schmidt (BRAZIL)

Oscar Schmidt





→ SAMPLE COLLECTION

NOTIFICATION

You have been selected for a doping control test and notified by the officials. They will ask you to sign the receipt of the notification form and your agreement to undergo the test. You can be advised of your rights and responsibilities.



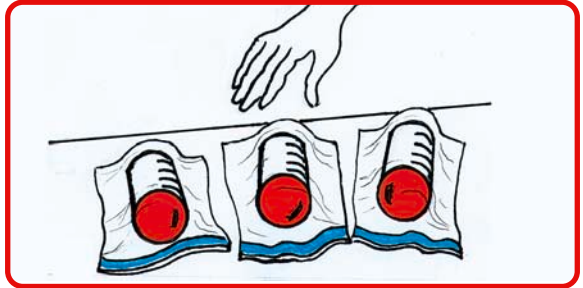
THE DOPING CONTROL STATION (DCS)

You are required to report to the DCS directly, a maximum of 15 minutes following the end of the game. Failure to report may result in sanctions. The DCS must be sufficiently comfortable to allow you to have refreshments, to change and to shower.



COLLECTION VESSEL SELECTION

When you are ready to urinate, select a sealed, graduated and sterile container, wrapped in a plastic bag.



PROVISION OF URINE SAMPLE

An official who is the same gender as you must observe you directly and inconspicuously when you are providing the sample (>75ml). You will be required to be unclothed from waist to mid thigh. You are the only one who handles the sample.



FIBA
EUROPE

"I am against doping" / Arvydas Sabonis (LITHUANIA)

A stylized signature of Arvydas Sabonis.





→ SAMPLE COLLECTION

SELECTION OF SAMPLING KIT

You will be asked to select a numbered box (or bags) with security tapes, containing 2 bottles A and B. Check the kit, bag and bottle numbers.



SUITABILITY OF THE SAMPLE

The sample is divided between the bottle A (50ml) and the bottle B (25ml). Then, you tightly seal the bottles and verify that the seal is complete. The Doping Control Officer (DCO) measures the Ph and specific gravity.



RECORDING THE INFORMATION

The DCO records the A and B sample code numbers on the official report and transcribes your declaration about medications taken during the 3 days prior to the test. Check that your numbers are correctly noted on the report and copies. You, your team doctor and the officials sign the collection form. The green copy is for the team doctor and / or you.



PARTIAL COLLECTION

Many players are unable to provide the full amount of urine. A special procedure concerning partial collection is applied using another container in a sealed bag and an intermediate code number.



"I am against doping" / Lauren Jackson (AUS)





→ YOUR RIGHTS AND RESPONSIBILITIES

The player must respect sporting ethics. He must be sensitive to and informed about doping, its consequences and its damaging effects. The more famous he is, the more he is a "role model" for young people. His commitment against doping is an example to others.

It is the responsibility of the player to:

- understand and respect the anti-doping regulations of FIBA,
 - know the list of banned substances and methods,
 - be aware of all substances taken into his body orally, anally, through the skin, by injection or inhaled that might contain prohibited substances,
 - be certain that anything which he consumes (or which he is advised to consume) is permitted,
 - be particularly careful with nutritional supplements and herbal preparations which can contain prohibited substances.
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It is the right of the player to:

- be informed in writing of his selection for an anti-doping control,
- be informed of the compulsory nature of an anti-doping control and the risk of sanction in the case of a refusal to submit to the test,
- provide explanations for his absence,

- be accompanied (by the team doctor and, if necessary, by an interpreter),
- be supervised, during the collection of urine, by a person of the same sex,
- verify the code numbers, the seal and the impregnability of the bottles as well as to assure himself that his identity is not reproduced on the document intended for the laboratory (pink copy),
- participate in the official medal ceremonies,
- speak to the media on condition that he arrives at the Doping Control Station within the given time (maximum 15 minutes),
- receive (via the team doctor) a copy of the anti-doping control report (green copy),
- comment on the anti-doping control report,
- be informed of a positive result of sample A and to request the analysis of sample B,
- attend the opening and analysis of sample B,
- have a hearing, a fair judgement and to be informed of any consequent sanctions,
- appeal any decisions to FIBA and ultimately to the Court of Arbitration for Sport.



→ GENERAL PROCEDURE

- Transportation to an accredited laboratory

After the sample collection, the kits are packed and sealed into a secured transport bag which is transported to the laboratory.

Sample A is analysed and sample B is stored securely.

- If the test of sample A is positive

FIBA notifies the player an anti-doping rule has been violated and the player will be immediately suspended. He shall have the right to request an analysis of the

B sample, in the same laboratory and to be present at such an analysis.

- If the test of sample B is positive

If the B sample test is positive, the player is informed about the application of sanctions.

The player has the right to be heard by the Anti-Doping body of FIBA and can appeal against the judgment (Appeals Commission of FIBA - Court of Arbitration for Sport, Lausanne).

If the result of the test of sample B does not confirm the positive test, the anti-doping violation is void.

→ Sanctions

- Sanctions will be applied depending on the nature of the anti-doping violation.
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■ The initial sanction for a first doping offence is a 2-year period of ineligibility. For a second offence, the player would be banned for life.

■ Sanctions may be reduced if the player can prove that exceptional circumstances exist or in the case of the presence of certain specified substances.

Important:

■ The use of cannabinoids (marijuana, hashish) is subject to sanctions.

■ The sanctions for trafficking, prescription, possession and other anti-doping rule violations are more severe.

Note: For further information, the FIBA Internal Regulations governing Doping Control can be consulted on the FIBA web site: “www.fiba.com”



→ PROHIBITED LIST

In the framework of FIBA competitions (Nat. Teams and clubs)

🚫 PROHIBITED SUBSTANCES:

■ STIMULANTS	• e.g. amphetamine - ephedrine (concentration in urine > 5 micrograms/ml)
■ NARCOTICS	• e.g. morphine - heroin
■ CANNABINOIDS	• e.g. hashish - marijuana
■ ANABOLIC AGENTS	• Anabolic androgenic steroids - e.g. nandrolone, testosterone (except if the concentration is attributable to a pathological or physiological condition) • Other anabolic agents e.g. clenbuterol
■ PEPTIDE HORMONES	• e.g. EPO - growth hormone - insulin
■ BETA-2 AGONISTS	• Salbutamol, salmeterol, formoterol and terbutaline are permitted by inhalation if a T.U.E. has been granted (e.g. asthma)
■ AGENTS WITH ANTI-ŒSTROGENIC ACTIVITY	• Only in males
■ MASKING AGENTS	• e.g. diuretics
■ GLUCOCORTICOSTEROIDS	• Medication may not be taken, orally, rectally or by intravenous or intramuscular administration (unless a T.U.E has been granted) - Other administration routes require a medical notification (abbreviated T.U.E.).

🚫 PROHIBITED METHODS:

■ ENHANCEMENT OF OXYGEN TRANSFER
■ PHARMACOLOGICAL, CHEMICAL AND PHYSICAL MANIPULATION
■ GENE DOPING

T.U.E. : THERAPEUTIC USE EXEMPTION

The use of otherwise prohibited medications may be permitted to treat disease or medical conditions (e.g.: asthma – diabetes) following a review of an application for an exemption (TUE). Such applications must be submitted to FIBA using the appropriate forms.

BE CAREFUL : THIS LIST IS REGULARLY AMENDED

It is important that players and doctors refer to the list currently in force. For that purpose, they should consult the web sites of these organisations: WADA (www.wada-ama.org), IOC (www.olympic.org), FIBA (www.fiba.com), or the National Anti-Doping Agencies, the National Olympic Committees or the National Basketball Federations.

The above list does not replace the official WADA list of prohibited substances and methods.



We Are For Clean Basketball

WJG/CT



FIBA

We Are Basketball

In cooperation with



**WORLD
ANTI-DOPING
AGENCY**

play true

CHEMIN DE BLANDONNET, 8
1214 VERNIER / GENEVA – SWITZERLAND

TEL: (+ 41 22) 545 0000

FAX: (+ 41 22) 545 0099

INTERNET: www.fiba.com

E-MAIL: info@fiba.com

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